

Get Your Five a Day

You'll have to pick the fruits and vegetables out of longer words scrambled here to get your recommended daily portions.

RGOCNEFUI _ _ _ _ _
MIEBLSU _ _ _ _ _
OAUATNOTM _ _ _ _ _
EAPNLBEO _ _ _ _ _
TDACNEDAI _ _ _ _ _
SNLSESEEEK _ _ _ _ _
NCEMHEAIPTM _ _ _ _ _
RCACPNROI _ _ _ _ _
RPAEECPAAN _ _ _ _ _
NRAYMGMIIE _ _ _ _ _
OAIALSCRPNL _ _ _ _ _
ERPALSCP _ _ _ _ _

BONUS WORD: _ _ _ _ _

(form bonus word from the marked letters in the other answers)

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